

2026 Asia OSH SAKURA Project FAQ

【Regarding the training in general】

1. Is it possible to apply for either one of the programs for 'OSH Basic Training in Japan' or 'Follow-up Training in Thailand'?

→ JISHA (Japan Industrial Safety and Health Association) expects that trainees can get good results by taking both programs of 'OSH Basic Training in Japan' and 'Follow-up Training in Thailand'. Therefore, JISHA basically recommends to apply for both of them. However, please understand that we might not conduct 'Follow-up Training in Thailand' if we have difficulties arranging the schedule or local companies are situated away from Bangkok or Chiang Mai (approximately 2 hour-drive from the heart of the cities). Since the Follow-up Training will be held at the same time as multiple participating companies, we will present the schedule and individually coordinate with a contact person to finalize the schedule. An expert, a supporter and an interpreter will be dispatched in between March 8th and March 12th in 2027.

2. Regarding the trainee's cost for 'OSH Basic Training in Japan', is there any other expenses other than trainee's round-trip travel expenses to Japan, hotel accommodations, charges for local traveling (excluding site-visit) and meals in Japan?

→ JISHA will not ask trainees to bear huge expenditures except for the above mentioned cost. However, trainees are requested to pay when they purchase some related materials personally.

3. Please explain in details about what and how JISHA will conduct in 'Follow-up Training in Thailand'.

→ JISHA dispatches OSH experts from Japan to local companies in Thailand to check the safety status of workplaces and machinery in a few hours. The trainees who have completed 'OSH Basic Training in Japan', and OSH personnel in the local companies are requested to participate in the Follow-up Training. In order to maintain continuous safety management system of local companies, we also ask OSH personnel in a parent company in Japan to attend there as much as possible.

4. Is there any documents that should be prepared in advance for 'Follow-up Training in Thailand'?

→ The contact person is requested to submit a simple questionnaire on current status of safety activities.

5. We will take 'Follow-up Training in Thailand' at our local company in FY2026. Is it possible to ask JISHA for continuous support in the future?

→ There will be a charge, but JISHA can support OSH activities other than this project. Please feel free to contact us individually.

6. Is it possible for us to apply for the project again even though we have participated in the previous project in the past?

→ Companies that have participated in this project in the past can also apply for participation this year. However, applications from those who participated in the past will not be accepted. Also, if there are many applications, we may give priority to the company that applies for the first time.

7. Are there any applications for courses in other Asian language?

→ This year's project will be conducted both in Thai and Vietnamese. Next year it will be held in another language. Details will be posted on JISHA website after the schedule is decided.

8. Is it possible to apply directly not through the parent companies in Japan?

→ Basically, please apply through the Japanese person in charge of the Japanese parent company (Japan headquarters). If that is difficult, please apply directly to JISHA from the local company to which the trainee belongs.

9. Is it possible to apply from non-Japanese overseas affiliated companies?

→ We are afraid that we cannot accept applications from non-Japanese overseas affiliated companies. Only Japanese overseas affiliated companies are eligible to apply.

10. Is it possible to apply from companies of non-manufacturing industry?

→ Since the advice and guidance provided by experts are mainly premised on the site in the manufacturing industry, we cannot accept applications from non-manufacturing industry.

11. Is it possible for trainees to skip some programs in the training?

→ All the trainees are requested to participate in the entire programs except in case of poor physical conditions.

12. Can I keep up with the training even though I cannot understand English?

→ All training is conducted in local language through interpretation. Therefore, English ability is not required. However, English basic abilities may be useful in daily life during training or in communicating with Japanese.

13. Will any allowance be paid for trainees?

→ No monetary allowance is paid during the training.

14. Are there any assignments during the training?

→ Trainees are requested to submit three types of reports, which are No.1 "Survey Report" (workplace analysis) ,No.2 "Planning Report" (during the training) and No.3 "Action Report" (after 3 months) .

15. Can trainees receive any certificate after the training?

→ A certificate will be given to each trainee who has completed all the programs on the final day.

【Regarding preparation before travel for 'OSH Basic Training in Japan'】

16. How do I arrange air-tickets?

→ Trainees themselves or the companies that trainees belong to are requested to arrange their own tickets.

17. Can you tell me the date of entering and leaving Japan?

→ Basically, it will be the date before and after the training period below. However, if trainees have a meeting etc. at the Japanese parent companies, they are permitted to extend their stay before and after training session within visa period under the responsibility of their local company and Japanese parent company. If trainees extend their stay, please inform JISHA in advance of their entering and leaving date in Japan. In addition, local company and Japanese parent company should confirm the status of trainees' arrival and departure.

Arrival: Sunday, December 6th Departure: Sunday, December 13th

Note: One-day Japanese culture experience tour in Tokyo accompanied by JISHA staff will be arranged on December 12th. Please prepare for participation fee (on your budget) which will be around ¥7,000 including transportation, lunch and facility admission fee etc.

18. How do I get a Japanese visa?

→ JISHA will send the trainees necessary documents to apply for Japanese visa by email etc. The trainees themselves should apply and obtain Japanese visa at Japanese embassy with those documents. It takes some time to get visa depending on countries. Check the information of the Japanese embassy and try to obtain the visa as early as possible.

(Addendum)

From July 1, 2013, the following Thai nationals are exempted from Japanese visa requirements.

- IC passport holders
- Short-term visitors of 15 days or less

19. How do I arrange the hotel in Tokyo?

→ Trainees themselves or the companies that trainees belong to can choose and arrange their hotel.

20. What are the roles of 'Contact Person' in application form?

→ JISHA will send basic information and necessary documents in Japanese to the contact person. The contact person is requested to share the information and documents with trainees, and help them arrange air-tickets, accommodation and Japanese visa as pre-travel support. JISHA will also coordinate the schedule of 'Follow-up Training' later in the project with the help of the contact person.

21. Where is the training venue?

→ The training is conducted at the conference room of JISHA's 14th floor. .
Address: 5-35-2 Shiba Minato-ku, Tokyo
Nearest station: 5 minute-walk from Tamachi station in the JR line or Mita station in the Tokyo Metro Mita line.

22. What is the procedure for trainees' insurance?

→ JISHA arranges no trainees' insurance during the training. Therefore, please buy insurance at your own cost if needed.

23. Do I have to bring such PPEs as working ware and a helmet, etc.?

→ JISHA prepares for trainees' PPEs when needed for a site-visit during the training. Trainees don't have to bring PPEs by themselves particularly.

24. What about the meals during the training?

→ Trainees are requested to prepare their own meals by themselves. However, welcome party will be arranged for all the trainees on JISHA's budget on the 2nd day of training.

25. Is there any traveling to the cities other than Tokyo?

→ Basically, the training will be held in Tokyo. Day-trip site visit might be arranged in suburbs of Tokyo area.